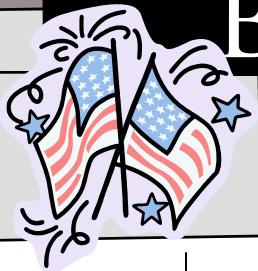


# BRIGHT SPARKS

Igniting the fire of knowledge & safety in our community



Happy 4th July!

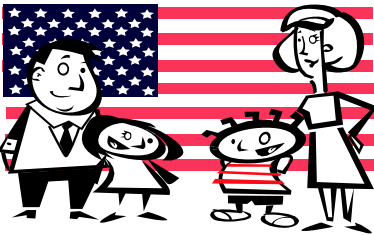
Will you and your family be attending a firework display this year?

Fireworks are fun to watch but not to touch. Know these firework safety tips for a safe and happy 4th July

- Fireworks are not toys do not play with them
- Always leave fireworks to trained professionals. That means sparklers too, they can get VERY hot
- Attend only public firework displays put on by trained professionals and stay back at least 500 yards from the display
- If you or your friends find any fireworks DO NOT pick them up; tell a trusted grown up straight away



Copies of the Bright Sparks issues are available online at [www.foothillsfire.org](http://www.foothillsfire.org)



## BE BIKE SMART THIS SUMMER

Always wear a helmet. Bicycle helmets have been shown to reduce the risk of head injury by at least 85%.

- Bikes, scooters, skateboards and inline skates are vehicles, not toys.
- When on the road, ride with the traffic.
- Learn and use appropriate hand signals.
- Respect traffic signals.
- Stop and look left, right, and left again before crossing an intersection.
- Don't ride when it's dark.
- Don't negotiate! If you don't wear a helmet, you don't ride your bike!



Did you know you can have your birthday party at the fire station?

Call today for details

303. 526. 0707

COMPETITION

The hottest most humid weeks of the year start in July.

They are called "the dog days of summer" when everyone slows down and succumbs to the heat. But where does this phrase come from? What do you think?

- A) It dates back to the early 1900s when a Colorado police chief noticed an increase in stray dogs around this time
- B) Because we walk around panting, like an over heated K9
- C) Because the heat makes us cranky and we "bark" at each other
- D) These hot six weeks are named after Sirius, the dog star
- E) Hot dog sales reach an all time high

COMPETITION

Select your answer from the above and send it to THE EDITOR, the first 2 correct answers will WIN a cool FFPD prize!

Doctor, doctor I keep seeing an insect flying about

Don't worry its just a bug that's going around!

Q: What do you call an American Drawing?

A: A Yankee Doodle



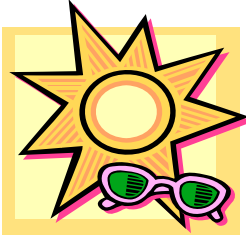
Q: Whats the slowest racehorse in the world?

A: A clothes horse

COMPETITION

FUN IN THE SUN FUN IN THE SUN

Your skin covers your whole body and protects you. Too much sun can damage your skin. Learn ways to look after your skin. Complete each word under the picture to learn more about how to protect your skin.



S\_NGL\_SSES



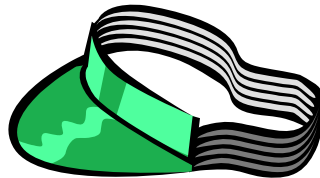
H\_T



\_MBR\_LL\_



S\_NT\_N L\_TI\_N



SUN V\_S\_R



T-SH\_RT

Remember, the lighter your skin color the more protection you need.

COMPETITION

Fill in the blanks and send your entry to THE EDITOR, the first 2 correct answers will WIN an FFPD T-SHIRT!

Summer Vacation Safety Rules

Use appropriate protective equipment for each sport you play, such as pads, helmets, gloves etc

Helmets should fit snugly and evenly on your head and should not tilt forward or backward. If necessary, adjust foam fittings inside and tighten chinstraps as snug as possible.

Make sure you drink plenty of fluid. One cup of water every 15 to 20 minutes should keep you hydrated.

Use sunscreen SPF 15 or higher even on a cloudy day.

JUST FOR FUN

How many four letter words (or more) can you make from the following?

FOOTHILLS FIRE AND RESCUE

Two vertical lines for writing answers.

Keep sending in your jokes, we love receiving them!



Include your name, age, address & telephone # when sending in competition entries so we can credit you & send out prizes. Thanks!