

WINTER 2010

BRIGHT SPARKS

Igniting the Fire of Knowledge and Safety in Our Community!

Did You Know?

"The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph, but the struggle. The essential thing is not to have conquered, but to have fought well."

- Olympic Creed

"Swifter, Higher, Stronger"

- Olympic Motto

The Olympic Rings represent the 5 major bodies of land that participate in the Olympics: Oceania, the Americas, Europe, Africa, and Asia.



The colors of the rings -- blue, yellow, black, green, and red --

represent colors that appear on the flags of every country that participates in the Olympics.

COLORADO OLYMPIANS

- Over 250 Americans will compete in the 2010 Winter Olympics Games.
- 15 Colorado Athletes will compete in 8 winter sporting events: Alpine Skiing, Biathlon, Figure Skating, Hockey, Nordic Combined, Snowboarding and Skeleton.

GO COLORADO!



Meet the Vancouver Mascots!

In preparation for the 2010 Winter Olympics in Vancouver, Canada, three mythical mascots were introduced:

Surni—a Thunder-bird and animal guardian spirit with passion for saving the environment.



Quatchi – a young and gentle sasquatch.

Miga—a part sea bear and part killer whale inspired by the First Nations' legends of the Pacific Northwest.

2010 OLYMPIC WINTER SPORTS
Alpine Skiing
Biathlon
Bobsled
Cross-Country
Curling
Figure Skating
Freestyle Skiing
Hockey
Luge
Nordic Combined
Short Track
Skeleton
Ski Jumping
Snowboarding
Speed Skating

The Winter Olympics begin February 12th and conclude February 28th.



Conduct Your Own "Olympic" Fire Drill Event!

- Draw a floor plan or map of your home. Show all doors, windows and smoke alarms.
- Mark 2 ways out of each room.
- Pick a family meeting place outside where everyone can meet.
- Practice your plan during the Olympics!



How the Olympic Games Began

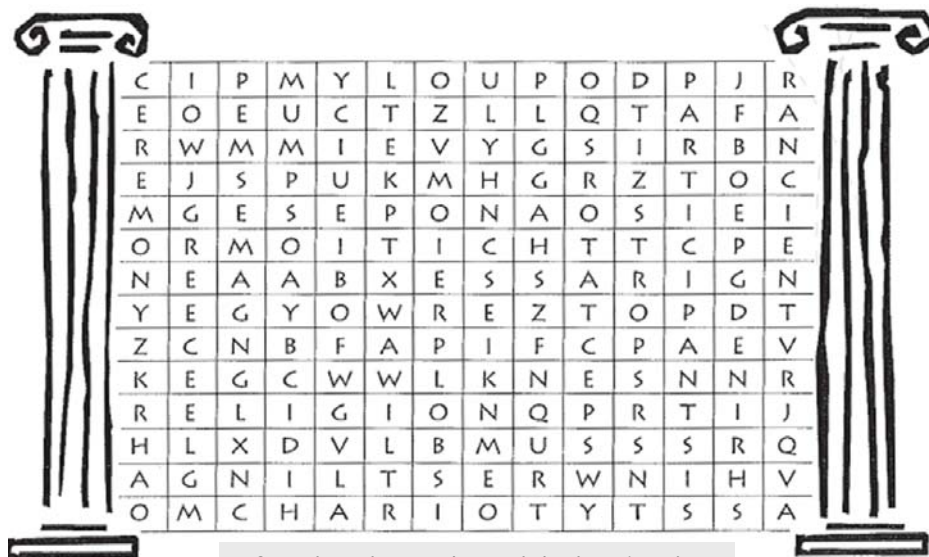
Thousands of years ago the people of **Ancient Greece** had a great **civilization**.

The Greek people enjoyed many **sports** because they believed the body was just as important as the mind. They had both foot and **chariot** races and enjoyed **boxing** and wrestling.

Religion was very important to the Greeks. They believed in many gods and Zeus was the most important of them all. A **shrine** was built to **Zeus**

in the Valley of **Olympia** and sports were part of the religious ceremonies held there.

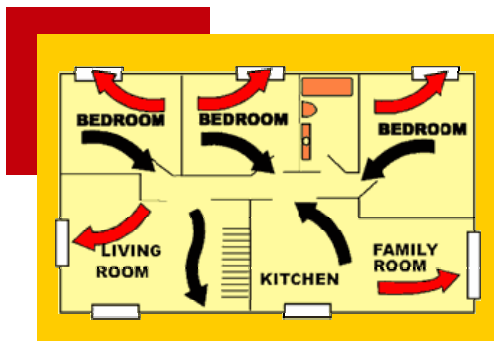
The year 776 B.C. was the date of the first recorded results in a sports competition held during the **ceremony** to honor Zeus. The Games were then held every four years. **Wars** were even stopped at those times so men and boys could be **participants** in these Games. Because they were held in the Valley of Olympia, they became known as the **Olympic** Games.



Complete the word search by locating the **BOLD** face words found in the story.

Fire Escape Planning

Draw a floor plan of your ground or upper floor bedrooms with two escape routes from each room.



Practice Makes Perfect!



Step 1 (Basic Floor Layout)

- Make an outline of your entire floor area: dimensions and details need not be exact.
- Now add each bedroom and label it.
- Locate windows, doors and stairways. If you have any upper floors, shade in any rooftops that could be used as a fire escape.

Step 2 (Room Inspection)

- Go to each bedroom and select the best window for an emergency escape.
- Test the windows or screens to see that they work easily and are large and low enough to use.

Step 3 (Complete "Escape Plan")

- Black arrows show normal exit through hall or stairways.
- Red arrows show emergency exit in case fire blocks hallways or stairs.